

## **House Fire Granola**

By Kathee T.

### **Ingredients**

5 cups oats  
1 cup rye flakes  
1 cup wheat flakes  
1 cup barley flakes  
2 cups wheat germ  
3/4 cup kamut flour  
3/4 cup sesame seeds  
1 cup sunflower seeds  
1 cup chopped almonds  
1/4 cup flax  
1/4 cup brown sugar  
1/4 cup honey  
1/2 cup oil  
2 tsp. Vanilla

### **Preparation**

Mix all but the last three ingredients together. Heat the honey and oil. Add vanilla and stir into dry ingredients. Bake at 300F for 40-50 minutes, stirring a few times.

*This was one the if few things that made it through the house fire, hence the name.*